



# COVID-19

Please complete before entering the child care setting

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

## 1. Does your child have any of the following new or worsening symptoms?\*

Yes   
No



Fever > 37.8°C

Yes   
No



Cough

Yes   
No



Difficulty breathing

Yes   
No



Loss of taste or smell

Yes   
No



Sore throat or pain swallowing

Yes   
No



Stuffy or runny nose

Yes   
No



Headache

Yes   
No



Nausea, vomiting or diarrhea

Yes   
No



Feeling unwell, muscle aches or tired

If "YES" to any symptom:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

2. Is there a child or sibling in your household who has one or more of the above symptoms?  Yes  No

3. Has the child travelled outside of Canada in the past 14 days?  Yes  No

4. Has the child been notified as a close contact of someone with COVID-19?  Yes  No

5. Has the child been told to stay home and self-isolate?  Yes  No

If "YES" to Questions 2,3,4 or 5:



Stay home & self-isolate



Follow public health advice

\*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.

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# MY CHILD HAS 1 OR MORE SYMPTOMS OF COVID-19. WHAT SHOULD I DO?

Was your child a close contact of someone who tested positive for COVID-19?

YES

- Everyone, including household members, should stay home & self-isolate. Get your child tested.
- If positive, notify your child's child care. Toronto Public Health will follow up with further instructions.
- If negative the child still has to self-isolate until cleared by Toronto Public Health (close contacts need to isolate for 14 days). Household members can return to work/child care as long as they do not have symptoms.
- If your child is not tested they need to self-isolate for 10 days. Household contacts will also need to stay home and self-isolate for 14 days.

NO

- Notify your child's child care that they have symptoms.
- Your child should stay home, self-isolate & get tested.
- The child's siblings will also need to stay home and self-isolate until the child's test is negative. If the child is not tested, siblings need to stay home and self-isolate for 10 days.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms.
- If the adult develops symptoms they need to stay home, self-isolate & get tested.

What was the result of your child's COVID-19 test?

POSITIVE

- Let your child's child care know that they tested positive for COVID-19.
- Your child must stay home & self-isolate for 10 days from the day symptoms started.
- Household members & close contacts must also self-isolate for 14 days.
- Toronto Public Health will contact you to do an investigation & will provide further instructions.

NEGATIVE

- Your child may return to child care after it has been 24 hours since their symptoms started improving.
- Siblings can return to child care right away.

NOT TESTED

- Your child must stay home & self-isolate for 10 days from the day the symptoms started.
- After 10 days, they can go back to child care if their symptoms are improving.
- The child's siblings will also need to stay home and self-isolate for 10 days.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, your child can return to child care 24 hours after their symptoms improve. Their siblings are then not required to self-isolate for 10 days.